

Smoking Cessation
**Freedom From
SMOKING**



Smoking Cessation Classes

Lexington Medical Center offers free smoking cessation clinics to the public.

Quit smoking with the support of this **free program** that meets at various Lexington Medical Center locations throughout the year. The Freedom From Smoking program consists of eight two-hour sessions and boasts a 58 percent quit rate (compared to the national average of 17 to 23 percent).

January 3 – February 21, 2023

6:00-8:00 p.m.

Lexington Medical Center Lexington

811 West Main Street • Lexington, SC

February 28 – April 18, 2023

6:00-8:00 p.m.

Lexington Medical Center Irmo

7035 St. Andrews Road • Irmo, SC

April 25 – June 13, 2023

6:00-8:00 p.m.

Lexington Medical Park 1

Ground Floor Conference Room

2728 Sunset Blvd. • West Columbia, SC

June 20 – August 8, 2023

6:00-8:00 p.m.

Lexington Medical Park Otarre Pointe

3799 12th Street Extension • Cayce, SC

August 15 – October 3, 2023

6:00-8:00 p.m.

Lexington Medical Center Northeast

3016 Longtown Commons Drive • Columbia, SC

October 10 – November 28, 2023

6:00-8:00 p.m.

Lexington Medical Center Lexington

811 West Main Street • Lexington, SC



LexMed.com

To register, please call
(803) 358-6168.

Free smoking cessation clinics are provided by
the Lexington Medical Center Foundation.

