



Understanding Your Results

Iron

Iron

Normal Range:

60 - 180 ug/dl

Low Iron - Iron Deficiency

Possible causes:

- o Gastric/Intestinal Ulcers
- o Tumors
- o Hemorrhoids
- o Excessive Exercise
- o Menstruation
- o Normal in women of childbearing age

High Iron - Iron Overload

(Percent Saturation 55%) must be re-confirmed by repeat testing ordered by personal healthcare physician

Possible causes:

- o Excessive iron/vitamin intake
- o Multiple blood transfusions
- o Abnormal hemoglobin disorder
- o Hereditary disorder termed Hemochromatosis

- Excess iron can be toxic to vital organs including the heart, liver, pancreas, etc...
- Screening for this relatively common hereditary disorder is very important because treatment is curative. Treatment consists of drawing off units of blood until the body serum iron levels are returned to the normal range.



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