

Smoking Cessation
Freedom From
SMOKING



Smoking Cessation Classes

Lexington Medical Center offers free smoking cessation clinics to the public.

Quit smoking with the support of this **free program** that meets at various Lexington Medical Center locations throughout the year. The Freedom From Smoking program consists of eight two-hour sessions and boasts a 61 percent quit rate (compared to the national average of 17 to 23 percent).

January 7 – February 25, 2025

6:00–8:00 p.m.

Lexington Medical Center Irmo

7035 St. Andrews Road • Irmo, SC

June 24 – August 12, 2025

6:00–8:00 p.m.

Lexington Medical Center Lexington

811 West Main Street • Lexington, SC

March 4 – April 22, 2025

6:00–8:00 p.m.

Lexington Medical Center Lexington

811 West Main Street • Lexington, SC

August 19 – October 7, 2025

6:00–8:00 p.m.

Lexington Medical Park Otarre Pointe

3799 12th Street Extension • Cayce, SC

April 29 – June 17, 2025

6:00–8:00 p.m.

Lexington Medical Park 1

Ground Floor Conference Room
2728 Sunset Boulevard • West Columbia, SC

October 14 – December 2, 2025

6:00–8:00 p.m.

Lexington Medical Center Northeast

3016 Longtown Commons Road • Columbia, SC



LexMed.com

To register, please call
(803) 358-6168.

Free smoking cessation clinics are provided by
the Lexington Medical Center Foundation.

