

Providing HOPE



LEXINGTON
MEDICAL CENTER

| *Foundation*

LMCFoundation.com

The Lexington Medical Center Foundation has remained committed to patients, families and employees since 1990. We host the following annual events for our supporters and the community.

Foundation Oyster Roast

Event takes place in the Winter.

The Foundation's annual Oyster Roast is a time to celebrate and thank the volunteers and supporters who donate \$1,000 or more annually. Members of the Founder Society, Doctors Circle and other leadership giving societies are invited to enjoy an evening of fellowship with an open bar, delicious food and music.

McDaniels Golf Classic and Gala

Event takes place in the Spring.

Golf Classic: Get your clubs ready for the McDaniels Golf Classic at the beautiful Fort Jackson Golf Club's Wildcat and Old Hickory courses! The tournament offers a full day of fun, beginning with breakfast and opening remarks at the Clubhouse and ending with an awards dinner after play is done.



Gala: Put on your black-tie best and get ready for a night to remember! Guests enjoy live entertainment, open bar, heavy hors d'oeuvres and culinary stations. The evening kicks off with a champagne welcome and features specialty drink tasting rooms, photo booths and auctions!

All proceeds benefit the McDaniels-Pucci Cancer Fund at Lexington Medical Center Foundation, which supports the advancement of cancer care services for patients at Lexington Medical Center, such as:

- **Life-Saving Technology** to detect and treat cancers at the earliest stages
- **Care Items** to help patients prepare for and recover from treatment
- **Support Groups** to counsel cancer survivors after ringing the bell
- **Wellness Workouts** program with personalized training sessions to help patients cope with side effects of treatment and recover strength

Founders Family Night

Event takes place in the Summer.

The Foundation's annual Founders Family Night is a time to celebrate and thank supporters who donate \$1,000 or more annually. Members of the Founder Society, Doctors Circle and other leadership giving societies are invited to enjoy a fun day of baseball out at Lexington County Blowfish Stadium including complimentary game tickets and parking passes, a BBQ meal in the air-conditioned Stadium Club, and activities for kids.

Wine on the River

Event takes place in the Fall.

Gather with friends for a memorable evening along the West Columbia Riverwalk featuring live music, fun activities and unlimited food and wine tastings.



All proceeds benefit the Linda's Love Fund at Lexington Medical Center Foundation, which provides holistic health programs centered around emotional and psychological support for patients and families, such as:

- **SafeSide Suicide Prevention Training** for early patient intervention and care
- **Behavioral Health Collaborations** to strengthen mental health support services in the community
- **Inpatient Support Items** for families experiencing loss or mental health crises
- **Perinatal Loss Program** to provide clinical and other needs for families experiencing this loss
- **Care Items and Programs** to provide training, mentorship and caregiving support
- **Mental Health Support** with post-trauma resources for all Lexington Medical Center employees

Wine on the River was founded by **Women of Hope**, the Foundation's volunteerism and networking group.



About the Foundation

Programs funded by the Foundation aim to enhance patient experiences and touch the various areas of care at Lexington Medical Center — Mother/Baby, Cardiac, Patient, Employee, Cancer and Community Care.

The Lexington Medical Center Foundation aims to support the strategic initiatives of Lexington Medical Center with philanthropic resources. This mission is achieved through the generosity of donors, all giving in different ways but sharing the goal of providing a priceless commodity to those in need — hope.

"The staff at Lexington Medical Center showed my family such compassion and love during JR's short hospital stay. As I was reeling from the unexpected chain of events and at a loss thinking of a future without the love of my life, the MICU team stepped in to offer a cast of JR's hand for our family. I was overjoyed that a keepsake so special was made possible through donations to the Foundation. It is an exact replica of his hand we now display proudly in our home and consider our most cherished and priceless possession. Thank you to all the donors who have allowed my family to remember JR through this priceless memento."

— Amber Grubbs,
Lexington Medical Center
Interventional Radiology



Cancer Care

It's Our Fight, Too.

Our Cancer Care programs help patients focus on their treatment and survivorship by assisting with non-medical emergency needs, providing wigs, mastectomy bras and post-surgical kits, and offering key support services. Our partnership with the Lexington Medical Cancer Center helps improve the quality of life of cancer patients and their families.

Cancer Funds

- Crystal Smith Breast Cancer Fund
- McDaniels-Pucci Cancer Fund
- Cancer Care Fund for Patient Assistance

"I started in the Exercise is Medicine program after I was diagnosed and treated for Hodgkin's lymphoma. During cancer treatment, nothing is normal, but the Exercise is Medicine program helped me build an exercise routine that brought back something that felt normal."

— Mary Thompson,
Lexington Medical Center Patient

We Care Cancer Grants

Financial assistance for in-need patients as they undergo cancer treatment

Program	Description
Cancer Transitions Program	Provides support programs to help cancer survivors transition from active treatment to post-treatment care
Exercise is Medicine	Provides specialized training for individuals with cancer, chronic disease and diabetes, among other conditions
HOPE Teddy Bears	Provided to every newly diagnosed breast cancer patient since 1998 for seat belt comfort and encouragement
Lymphedema Supply Fund	Provides compression wraps to uninsured and underinsured lymphedema patients
Supportive Care Items	Provides patients who have had a mastectomy with a post-surgical bra, supplies and cosmetic bag

Every woman should know she is beautiful, especially when she's in the fight of her life. Becky's Place Boutique is a specialized resource center that provides wigs, prosthetics, mastectomy bras and other specialty items for women battling cancer. Becky's Place is named in loving memory of Becky Johnson, a former hospital volunteer and Foundation board member who passed away in 1998 after her courageous battle with ovarian cancer. The Lexington Medical Center Foundation is proud to support Becky's Place and help women focus on their survivorship.





Mother/Baby

Our Mother/Baby programs help ensure the highest quality health services and resources are available to new mothers and their babies.

Mamava® Lactation Pods

Lexington Medical Center is the first hospital in South Carolina to install two Mamava lactation pods inside the hospital. The pods, funded by the Foundation, provide a private, comfortable and convenient space for visitors and employees to breastfeed their babies or pump breast milk.

Lexington Medical Center nurse, Deborah Belton, RN, BSN, PCCN, used the pods daily following the birth of her youngest daughter Ariella. The lactation pods provided her with a private space to pump so her daughter could receive the best nutrition possible.

“While serving as a Clinical Coordinator at Lexington Medical Center, I delivered my second daughter. Breastfeeding was important to me, and the Mamava lactation pod, funded by the Foundation, provided me with a safe, private and quiet space to pump breast milk without inconveniencing anyone. Using the pod twice daily while at work, I was provided a space for relaxation: the fan calmed me, and the dimmed lighting allowed me to slip away for a great pumping session.”

— Deborah Belton, RN, 4th North Tower

Mother/Baby Care Grants

Programs and services to help improve the overall health and well-being of newborns and their families

Program	Description
Car Seat Injury Prevention Initiative	Provides car seats and education for the safe transport of babies and children
Doula Services	Supports the training and certification of current and future doulas to ensure the availability of this free resource to patients
Helping Pregnant Mothers	Provides newborn care education to expectant mothers with financial strain
Infant CPR Kits	Provides cardiopulmonary resuscitation kits to families, allowing them to learn lifesaving procedures before taking their Special Care Nursery infants home
Kisses™ for Hugs® Infant Protection System	Provides Kisses™ system, creating an immediate electronic link between mother and baby at the time of birth
Newborn Baby Supplies/ Special Care Nursery Care Packages	Provides care packages to parents with newborns in the Special Care Nursery for extra support
Perinatal Loss Program	Funds the clinical and educational needs of Labor and Delivery staff
Postpartum Blood Pressure Initiative	Provides blood pressure cuffs to patients to monitor postpartum hypertensive disorders to prevent cardiac events
Safe Sleep for Newborns	Provides newborn infants with a comfortable HALO® SleepSack® swaddle, which reduces the risk of suffocation and/or entrapment



Cardiac Care

Our Cardiac Care programs help heart patients achieve full recovery through care items, educational tools and smoking cessation programs.

Smoking Cessation Program

After smoking for more than 50 years, Paul was a self-proclaimed “smoker for life” before attending the smoking cessation program provided by the Foundation. This program was offered following a cardiac health event as part of his rehabilitation plan and marked his first serious attempt to quit.

“The program provided me structure, support, and a range of suggested methods to help me become smoke-free. The process to quit is individualized, and this program allows various approaches, letting participants choose what works best for them. I entered the program in July 2021 and quit smoking August 4. I could have never quit without this program and its dedicated staff. Ultimately, it provided me with a few more days, weeks, months — or hopefully years — on this earth both for me and those I care about. I commend the program and the donors who make it possible.”

— Paul Blanchard,
Smoking Cessation Program participant

Cardiac Care Grants	
Programs to help heart patients achieve full recovery	
Program	Description
COPD Tool Kit	Provides supplies to chronic obstructive pulmonary disease patients during their hospital stay to facilitate the transition home
CVICU Heart Pillows	Provides comfort pillows to patients recovering from open heart surgery and other procedures in the Cardiovascular Intensive Care Unit
E-cigarette and Vaping Cessation Teen Education Program	Provides educational materials to inform teens regarding the risks of e-cigarette use
Freedom From Smoking™	Provides smoking cessation program for the community (eight-week program offered four times per year)
Harmonicas for Health™	Provides a harmonica to patients who suffer from shortness of breath to help strengthen the muscles used for breathing
Home Blood Pressure Monitoring	Provides the tools needed for at-home blood pressure monitoring for patients with hypertension
Scales for Heart Failure Patients	Provides scales to heart failure patients upon admission to help reinforce education, regardless of financial need
Tobacco Cessation Program	Provides resource kits for patients who actively smoke and show interest in quitting during urgent care or primary care visits



Patient Care

Patient Care programs enhance services throughout Lexington Medical Center's Network of Care and are often the result of employee-submitted internal grants. These grants reflect the hospital and Foundation's commitment to compassionate care across every service line.



“Following the birth of our baby boy, we were pleasantly surprised by the white noise machine in our postpartum room at Lexington Medical Center. This device, provided by the Lexington Medical Center Foundation, offered soothing tones to help me, my husband and our baby sleep peacefully and feel welcome. It felt as if we were home, as opposed to the hospital.”
— Collin Black, Lexington Medical Center patient

Patient Care Grants

Programs that enhance hospital services in every area of patient care and provide hope throughout the hospital's Network of Care

Program	Description
Baby Doll Therapy	Uses baby dolls and stuffed animals to comfort patients who may suffer from varying stages of dementia or Alzheimer's disease
Bariatric Surgery Tool Kit	Provides the necessary tools to be successful after receiving bariatric surgery
Blood Sugar Testing Supplies	Provides educational and motivational materials to newly diagnosed or uncontrolled diabetic patients to help them become more comfortable with monitoring their blood sugar at home

Program	Description
Calendar Clocks	Alleviates anxiety and disorientation in dementia patients by displaying the date, time and day of the week
Clothing for Emergency Department Patients	Provides clothing for patients who do not have appropriate attire for discharge
D2 & Me Diabetes Support Group	Provides support and wellness advice for type 2 diabetes patients and their caregivers
Decreasing Delirium	Provides visual stimulation through dynamic aquarium scenes on all in-house televisions
Diabetes Education	Disperses educational and motivational materials focused on diabetes to underserved rural populations
Diabetic Supplies	Provides supplies to newly diagnosed diabetes patients at Lexington Medical Center's main hospital, as well as at physician practices in Batesburg-Leesville and Swansea
Emergency Department Hospitality Cart	Provides essentials for patients during emergency visits
Exercise is Medicine	Provides specialized training for individuals with cancer, chronic disease and diabetes, among other conditions
Eyeglass Cases	Provides padded eyeglass cases for surgical patients
HealthStream® MyClinicalExchange Platform	Schedules and onboards nursing students electronically
Heart Bears	Provides a teddy bear to family members that includes the patient's heartbeat recorded by Doppler
Hospital-to-Home	Provides non-medical in-home care to high-risk patients who have been discharged from the hospital
Lexington Medical Center Swansea Diabetes Education	Provides comprehensive health management tools to diabetic patients at Lexington Medical Center Swansea Primary Care
Lymphedema Supply Fund	Provides uninsured and underinsured lymphedema patients with compression wraps
Medical Intensive Care Unit Keepsake Hands	Provides 3D hand-casting kits for families who experience unexpected loss in the Medical Intensive Care Unit
Non-surgical Weight Management	Provides comprehensive weight management education and practical tools for participants
Ostomy Support	Provides dignity and support to newly diagnosed ostomy patients, with an ostomy bag cover given to class attendees
Project Prescription and Project Transportation	Provides assistance with medication and transportation for patients who are uninsured or underinsured within the Lexington Medical Center network
Resident Hospitality Cart	Offers small items to assist residents with daily activities at Lexington Medical Center Extended Care and Carroll Campbell Place
Stop the Bleed® Classes	Provides training for Lexington Medical Center staff and volunteers, with a tourniquet given to class attendees
Teddy Bears	Provides teddy bears to comfort and encourage patients
Total Joint Program Tote Bag	Supplies tote bags to patients who attend the Total Joint Replacement Class



Community Care

Our Community Care programs provide support for the community when and where it is needed most. Through key programs, such as the Partners Program and the Nursing and Allied Health Scholarship Program, the Lexington Medical Center Foundation also works to grow the medical field and make health care education more accessible to members of the community.

“I am originally from Nigeria and moved to America to pursue my dream of working in health care. I started as a CNA at Lexington Medical Center but wanted to be a nurse to help others that could not help themselves. Education was not easy to afford, but the Foundation scholarships covered most expenses for my associate degree, bachelor’s degree and master’s degree. There is no way that I could be where I am today without the help of the Foundation.”

– Norah Ezike, RN,
Lexington Medical Center Nurse

Community Care	
Programs and services to support our community members	
Program	Description
Nurse Residency Graduation	Celebrates nurse residents' completion of their first year
Nursing and Allied Health Scholarships	Scholarships offered to current students pursuing nursing degrees and Lexington Medical Center employees pursuing associate or bachelor's degrees in select allied health programs
Partners Program	A summer health career awareness program for local high school students
Pastoral Care	Chaplains in the hospital's Pastoral Care department provide support to accommodate persons of all faiths and beliefs
Support Groups	Peer support groups throughout the Midlands to help families cope with diagnoses and bereavement
Unite Us Platform	Provides a social care coordination network that connects Lexington Medical Center's patients with community-based organizations



Employee Care

The Lexington Medical Center Foundation ensures that hospital employees are taken care of emotionally, mentally and financially during times of hardship.

Employee Care Grants	
Programs and services to assist and improve the lives of Lexington Medical Center employees	
Program	Description
Emergency Care Fund	Supports employees in times of financial hardship due to unexpected crises or events
Post Trauma Resources	Provides FLOW Program to assist those experiencing burnout, depression or post-traumatic stress
Serenity Coves	Relaxing environments provided to enhance employees' mental well-being, available at the following locations: <ul style="list-style-type: none">• Main Campus North Tower and South Tower• Lexington Medical Center Saluda Pointe Urgent Care• Lexington Medical Center Lexington Urgent Care• Lexington Medical Center Irmo• Lexington Medical Center Northeast

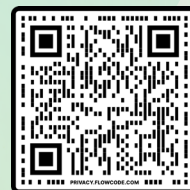
“The COVID-19 pandemic took a toll on everyone in Lexington Medical Center’s Emergency department. During this time, Amy at the Foundation brought it to my attention that all employees have access to Post Trauma Resources. This program allows 24/7 access to a counselor for employees in need. The Foundation wholeheartedly supports Emergency department staff and provides a resource that helps us when we are not able to take care of ourselves.”

— Robin Ward, MSN, RN, CEN
Director of Nursing, Lexington Medical Center
Emergency Department

Ways to Support the Lexington Medical Center Foundation

Fund	Description
Greatest Need	Supports the strategic initiatives of Lexington Medical Center. These unrestricted donations allow the Foundation to meet the most pressing needs with compassion and care.
Cancer Care Fund	Established to help patients focus on treatment and survivorship by assisting with non-medical emergency needs.
Mother/Baby Care Fund	Established to ensure the highest quality health services and resources are available to new mothers and their babies.
Cardiac Care Fund	Established to help heart patients recover most fully through care items, educational tools and smoking cessation programs.
Employee Care Fund	Established to support employees facing financial hardships due to an unexpected crisis in their lives.
Barbara D. Willm Fund to Provide Hope	Established by the Foundation board in May 2021 in honor and recognition of the retirement of Barbara D. Willm. During her 35-year career at Lexington Medical Center, Barbara served in many roles, from Operating Room nurse to Vice President of Development and Community Relations. Throughout her tenure, she led with a heart for our community and a commitment to serving others. We are forever grateful for her dedicated service to the hospital, the Foundation, and to our community.
Crystal Smith Breast Cancer Fund	Established in memory of Crystal Smith, a devoted wife and mother who shared 22 years of her life with the hospital. This fund benefits breast cancer patients at Lexington Medical Center by providing essential items and services, such as post-surgical kits and supplies for mastectomy patients, wigs, mammograms and critical emergency assistance.
Linda’s Love Fund	Established in memory of Linda Angstadt, who had a special interest in mental health. She was also a breast cancer survivor who understood the unique challenges of the cancer journey. This fund offers patients and their families emotional and psychological support through holistic health programs.
McDaniels-Pucci Cancer Fund	Supports the advancement of cancer care services at Lexington Medical Center, such as lifesaving screening technology to detect cancers at the earliest stages; care items to help patients prepare for and recover from treatment; support groups to counsel cancer survivors; and Wellness Workouts, personalized sessions with a trainer to help cope with the side effects of treatment and recover strength.
Pastoral Care Fund	Established to provide resources for chaplains who serve and support patients and their families.

If you would like to learn more about how to support the efforts of the Lexington Medical Center Foundation, please call (803) 791-2540 or visit LMCFoundation.com.



To make a contribution to the Foundation, scan the QR Code with your smartphone.



107 Sunset Court • West Columbia, SC 29169