



CARDIAC CARE

One in three deaths in South Carolina is related to cardiovascular disease. For this reason, the Foundation works to help heart patients achieve a full recovery through patient discharge kits, cardiac rehabilitation services and smoking-cessation.

• PATIENT DISCHARGE KITS •

Patient discharge kits help patients with congestive heart failure. These tools track patients' symptoms after leaving the hospital and alert them when they should contact their physicians or seek treatment for a medical emergency.

• CARDIAC REHABILITATION SERVICES •

Through the Cardiovascular Pulmonary Rehabilitation Fund, heart patients who cannot afford cardiac rehabilitation receive this important therapy, which reduces the risk of mortality by up to 46 percent compared with non-participants.

• SMOKING-CESSATION PROGRAM •

Through the support of the Foundation, Lexington Medical Center offers a free smoking-cessation program to the community. This program equips smokers with useful tools and support to help them overcome their addiction and improve their overall health.