



PATIENT CARE

The Foundation supports Lexington Medical Center's mission by enhancing hospital services and providing hope through patient and community programs. These services and programs affect every area of patient care in Lexington Medical Center's network of care.

• HOSPITAL TO HOME •

This Foundation-supported program provides non-medical care in the homes of elderly or medically fragile patients who do not have a supportive home environment. Trained home care specialists work with these patients after they leave the hospital to ensure their basic needs are met. In addition, these care providers make sure patients take their medications and follow up with their physicians regularly.

• EXERCISE AS MEDICINE PROGRAM •

The Exercise as Medicine program is specifically designed for individuals who may benefit from exercise to improve chronic conditions, such as arthritis, cardiopulmonary disease, osteoporosis, cancer and diabetes. Benefits include lowered stress, lowered blood pressure, maintenance of a healthy body weight, and less dependence on medications for diabetes.

• DIABETES EDUCATION •

Treatment and education help people with diabetes successfully manage their disease. As part of its ongoing commitment to overall health and well-being, the Foundation provides diabetes education and supplies to help underserved, rural communities live healthier lives and control diabetes.