

EMERGENCY DEPARTMENT

Nurse Residency

Duration: One Year



PHASE 1: Unit Orientation

- 12 weeks: You will spend the entire 12 weeks of your precepted experience in the Emergency department.
- You will rotate through different areas within the ED including: Triage, Behavioral Health Unit, Main Zones (1, 2, 3), Outer Zones (0, 4, 6), Zone 5 (Initial Behavioral Health Assessment), and TDU (Transitional Decision Unit).
- Following hospital orientation week, you will spend two weeks completing CST (Clinical Skills Team), which includes:
 - 4-hour shadow rotations with the Catheterization Laboratory, Respiratory Therapy, Interventional Radiology and one of the Critical Care Units (CCU, MICU or SICU).
 - During CST, while not completing shadows, you will work with the ED Clinical Mentors on ED-specific skills including: NG/OG tubes, IV skills, triage notes, safe medication administration, Foleys, in and out catheters, and head-to-toe assessments.
- Throughout the 12 weeks, you will also complete five simulations with the ED Clinical Mentor Team.

PHASE 2: Home Unit Placement

- Upon successful completion you will be offered a position in the Emergency department. This will be a day or night shift, depending on staffing needs.

PHASE 3: Professional Development Lectures

- As part of the yearlong Nurse Residency Program and while working in the ED, you will attend four lecture classes to continue developing your skills.
- **Topics include:** Complex patient management, delegation and communication, time management and conflict resolution, and transition to nursing practice.

Evidence-Based Project

- You will complete an evidence-based project (not research) at the one-year mark with the help of your nurse manager and clinical mentor to signify completion of the nurse residency program. You will prepare and present a five-minute PowerPoint presentation on your findings to peers and key team members. This can be completed as an individual or a group.



Interested?

Visit LexingtonMedical.Center/NurseResidency for more information or to apply. Email us at LMCNurseResidency@lexhealth.org.