

OPERATING ROOM

Nurse Residency

Duration: One Year

PHASE 1: Unit Orientation

- 12 weeks: You will spend the entire 12 weeks of your precepted experience in the Operating Room.
- You will rotate briefly through different areas within the Perioperative department, including Pre-op, PACU and Sterile Processing. You will also spend an extensive amount of time in each area of surgery: General Surgery, Gynecology, Urology, Robotics, ENT, Orthopaedics and Neurosurgery.
- Throughout the 12 weeks, you will complete an Intraoperative Nursing 101 program focusing on intraoperative nursing and care of the surgical patient. During this time, there will be hands-on learning and checkoffs with OR mentors on OR-specific tasks including sterile techniques, surgical counts, instrumentation, surgical consents, patient positioning, surgical preps, documentation, and surgical specimen care.

PHASE 2: Home Unit Placement

- Upon successful completion, you will be offered a position in the Operating Room. This will be a day or night shift, depending on staffing needs.

PHASE 3: Professional Development Lectures

- As part of the yearlong Nurse Residency Program and while working in the OR, you will attend four lecture classes to continue developing your skills.
- **Topics include:** Delegation, communication, time management, conflict resolution, and clinical and ethical decision making.

Evidence-Based Project

- You will complete an evidence-based project (not research) at the one-year mark with the help of your nurse manager and clinical mentor to signify completion of the nurse residency program. You will prepare and present a poster of your project to your Unit-Based Practice Committee. This can be completed as an individual or a group.



Interested?

Visit LexingtonMedical.Center/NurseResidency for more information or to apply. Email us at LMCNurseResidency@lexhealth.org.